Clerk of the House of Representatives	Secretary of the Senate
Legislative Resource Center	Office of Public Records
B-106 Cannon Building	232 Hart Building
Washington, DC 20515	Washington, DC 20510

SECRETARY OF THE SENATE
00 APR 14 AM 10:00
H.O.

LOBBYING REPORT

Lobbying Disclosure Act of 1995 (Section 5) - **All Filers Are Required To Complete This Page**

1. Registrant Name
Jar-Mon Consultants, Inc.

2. Address ☐ Check if different than previously reported
208 North Patrick Street

3. Principal Place of Business (if different from line 2)
City: Alexandria State/Zip (or Country) VA 22314

4. Contact Name	Telephone	E-mail (optional)	5. Senate ID #
Gina Jarmin	(703)548-4904	JM2Consult@aol.com	20460-12

7. Client Name ☐ Self	6. House ID #
American Federation of Senior Citizens	32061001

TYPE OF REPORT 8. Year 1999 Midyear (January 1-June 30) ☐ **OR** Year End (July 1-December 31) ☒

9. Check if this filing amends a previously filed version of this report ☐

10. Check if this is a Termination Report ☐ ⇨ Termination Date_____ 11. No Lobbying Activity ☐

INCOME OR EXPENSES - Complete Either Line 12 **OR** Line 13

12. Lobbying Firms

INCOME relating to lobbying activities for this reporting period was:

Less than $10,000 ☐

$10,000 or more ☒ ⇨ $ 30,000
Income (nearest $20,000)

Provide a good faith estimate, rounded to the nearest $20,000, of all lobbying related income from the client (including all payments to the registrant by any other entity for lobbying activities on behalf of the client).

13. Organizations

EXPENSES relating to lobbying activities for this reporting period were:

Less than $10,000 ☐

$10,000 or more ☐ ⇨ $_____
Expenses (nearest $20,000)

14. REPORTING METHOD. Check box to indicate expense accounting method. See instructions for description of options.

☐ **Method A.** Reporting amounts using LDA definitions only

☐ **Method B.** Reporting amounts under section 6033(b)(8)of the Internal Revenue Code

☐ **Method C.** Reporting amounts under section 162(e) of the Internal Revenue Code

Signature Gina L Jarmin

Printed Name and Title Gina Jarmin, VP

LD-2 (REV. 6/98)

Registrant Name Jar-Mon Consultants Client Name American Federation of Senior Citizens

LOBBYING ACTIVITY. Select as many codes as necessary to reflect the general issue areas in which the registrant engaged in lobbying on behalf of the client during the reporting period. **Using a separate page for each code**, provide information as requested. Attach additional page(s) as needed.

15. General issue area code RET (one per page)

16. Specific lobbying issues

Social Security Preservation Act
With regard to the debt and investments of funds from the social security trust fund.

17. House(s) of Congress and Federal agencies contacted ☐ Check if None

House of Representatives
The White House

18. Name of each individual who acted as a lobbyist in this issue area

Name	Covered Official Position (if applicable)	New
Gina Jarmin		☐
		☐
		☐
		☐
		☐
		☐
		☐
		☐

19. Interest of each foreign entity in the specific issues listed on line 16 above ☒ Check if None

Signature Gina Jarmin Date 2/1/00

Printed Name and Title Gina Jarmin, VP

Registrant Name Jar-Mon Consultants Client Name American Federation of Senior Citizens

LOBBYING ACTIVITY. Select as many codes as necessary to reflect the general issue areas in which the registrant engaged in lobbying on behalf of the client during the reporting period. **Using a separate page for each code**, provide information as requested. Attach additional page(s) as needed.

15. General issue area code MMM (one per page)

16. Specific lobbying issues

Social Security Act

With regard to medicare recipient and their use of outside services without payment from medicare.

17. House(s) of Congress and Federal agencies contacted ☐ Check if None

House of Representatives

18. Name of each individual who acted as a lobbyist in this issue area

Name	Covered Official Position (if applicable)	New
Gina Jarmin		☐
		☐
		☐
		☐
		☐
		☐
		☐
		☐

19. Interest of each foreign entity in the specific issues listed on line 16 above ☐ Check if None

Signature _____ Date 2/1/00

Printed Name and Title Gina Jarmin, VP

Registrant Name Jar-Mon Consultants, Client Name American Federation of Senior Citizens

LOBBYING ACTIVITY. Select as many codes as necessary to reflect the general issue areas in which the registrant engaged in lobbying on behalf of the client during the reporting period. **Using a separate page for each code**, provide information as requested. Attach additional page(s) as needed.

15. General issue area code HCR (one per page)

16. Specific lobbying issues

Quality Health Care Coalition Act of 1999

With regard to health care protection relating to those who participate in managed health care plans.

17. House(s) of Congress and Federal agencies contacted ☐ Check if None

House of Representatives

The White House

18. Name of each individual who acted as a lobbyist in this issue area

Name	Covered Official Position (if applicable)	New
Gina Jarmin		☐
		☐
		☐
		☐
		☐
		☐
		☐
		☐

19. Interest of each foreign entity in the specific issues listed on line 16 above ☒ Check if None

Signature Gina Jarmin Date 2/1/00

Printed Name and Title Gina Jarmin, VP

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